



CONSCIOUS KENYA
community for holistic living

Well-Being Hub & Conscious Community

Conscious Kenya is Kenya's leading community, marketplace and resource hub for all things holistic wellness.

Our mission is to facilitate ease of access to professionals, therapies, events, workshops, courses, retreats, products and venues that provide nourishment and wellness for body, mind and soul.



Your One-Stop Shop for Holistic Wellness

We bring together enthusiasts, consumers and providers of yoga, nutrition, meditation, mindfulness, holistic therapies, mental health, coaching and other healing modalities in one vibrant community.

Our platform is designed to increase ease of communication, networking, transaction and collaboration within these communities to help foster both individual and collective harmony and wellbeing.



CONSCIOUS KENYA
community for holistic living

Therapies
Directory
Events
Workplace wellness
About
Sign up / Sign in

Type here to find wellness events, therapies & more
Search

Anu Surty

Certified Colon Hydrotherapist & Detox Specialist

To help more people benefit from the life-changing benefits of holistic health, Anu founded Kreo Cleanse – a unique, first of its kind Detox centre in Kenya, that provides comprehensive and customized detox of the whole body with protocols that cover physical detoxification, nutritional guidance and support combined with energy healing to cleanse the body at an auric level to totally clean and heal your body.

Send message
Share Profile

Book an appointment
Message Sonia
Connect with Sonia
Recommend Sonia
Contact info

Wellness Offers
Practice information
Articles
Reviews
Resources

Anu's Offers

Aroma Glow Massage
Kes 6,000
1 hour

Book

Himalayan Salt Glow
Kes 5,000
60 Minutes

Book

Colon Hydrotherapy
Kes 8,000
75 Minutes

Book

Anu's Events

Detox on the Beach
Nov 04 2022
Watamu
From Kes 65,000

View

The Power of Your Breath
Jun 24 2023
Sandal Farm
Ksh5,000.00

View

Detox Weekend
Jun 03 2022 T
Lernuat Log Resort
40,000.00

View

Anu's Reviews

Evelyn

When I count my blessings, Kreo Cleanse is one of them. Thank you very much for the renewal, I commit to stay on track and keep in touch.

★★★★★

Steve Kairu

I was feeling sluggish and bloated, lost of energy as well now after doing my 7-day cleanse I feel light and energetic, learning about my diet has been helpful and plan to follow the advice given.

★★★★★

Bhavana

I was feeling blocked and too much anger in my system. Am grateful to Kreo Cleanse. I feel lighter, rejuvenated, and most of all at peace.

★★★★★

Practitioner Directory

Genevieve Nanji
Kundalini yoga instructor

View profile

message

Dhara Solanki
Mental Health First Aid Coach & Trainer

View profile

message

Ekta Bid
Play Therapist

View profile

message

Jean Sangale
Breathwork facilitator

View profile

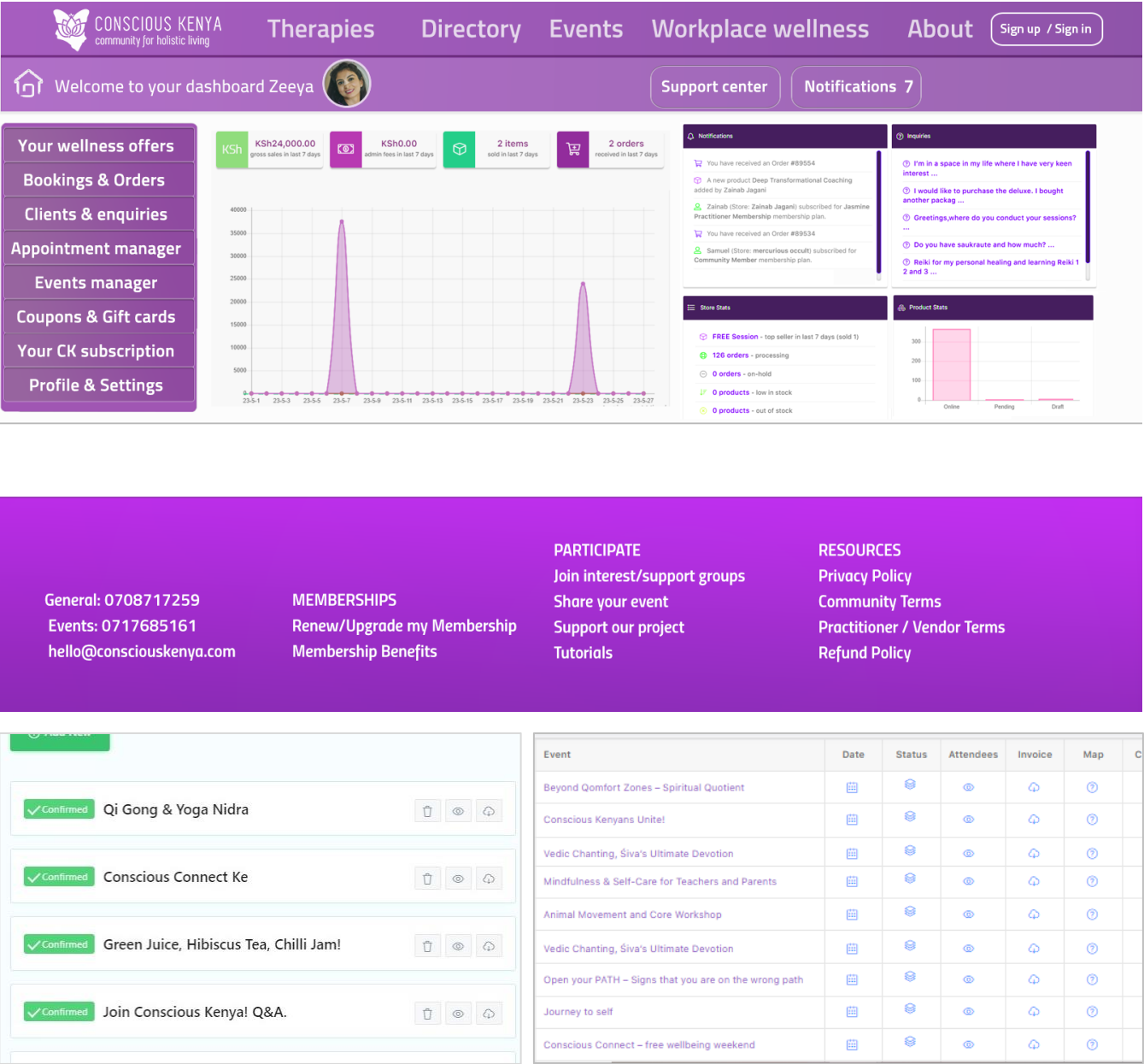
message

- Get listed on the Conscious Kenya Practitioners Directory, a trusted and vetted hub for all practitioners.
- Customers are able to filter by services, and practitioners are easily accessible *(like Yellow pages for wellness)*.
- Links to your personal profile which is a personalised webpage about you and your services.

Dashboard for your Bookings & Revenue

Our practitioner & wellness business memberships provide a powerful dashboard to help manage wellness products, services, events, orders, enquiries, bookings, appointments, reviews, customers & reports across various devices complete with graphs to monitor and visually display activity and performance.

The dashboard also helps you manage your events and event bookings and provides a list of attendees that you can easily download.



LILY MEMBERSHIP



consciouskenya.com/lily

The Lily self-serve plan provides wellness practitioners with a professional profile where they can add their services and a directory listing on consciouskenya.com where they can be found by community members and visitors to the website.

Rose Membership Benefits

- Feature on our trusted holistic wellness therapist directory
- Access to a diverse & engaged wellness community & network of clients
- Online webpage showcasing your services, events & profile
- Dashboard to manage your enquiries, offers, bookings & appointments & view your analytics
- Share your wellness events on the website events feed and social media pages
- Payments & settlement support for your wellness events & services
- A feature of your profile and wellness offers on the Conscious Kenya Twitter, Facebook & Instagram pages (*3 features*)
- A feature on the Conscious Kenya newsletter

KES 1,200 Monthly paid as an annual subscription

~~KES 14,400~~

KES 12,000 (Welcome offer)

Click the link below to get started

consciouskenya.com/rose



ROSE MEMBERSHIP



Bloom & blossom

consciouskenya.com/rose

The Rose self-serve plan helps you manage your profile, brand & practice on consciouskenya.com. You will increase your reach & reputation by featuring on our trusted directory for wellness practitioners & by sharing your offers with our audiences.

Rose Membership Benefits

- Feature on our trusted holistic wellness therapist directory
- Access to a diverse & engaged wellness community & network of clients
- Online webpage showcasing your services, events & profile
- Dashboard to manage your enquiries, offers, bookings & appointments & view your analytics
- Share your wellness events on the website, feed and social media pages
- Payments & settlement support for your wellness events & services
- A feature of your profile and wellness offers on the Conscious Kenya Twitter, Facebook & Instagram pages (*3 features*)
- A feature on the Conscious Kenya newsletter

KES 1,200 Monthly paid as an annual subscription

~~KES 14,400~~

KES 12,000 (Welcome offer)

Click the link below to get started

consciouskenya.com/rose



JASMINE MEMBERSHIP



Spread your fragrance

consciouskenya.com/jasmine

In addition to the Rose membership benefits, the Jasmine plan provides additional marketing across all platforms, personalised support for onboarding, and priority consideration on enquiries.

Jasmine Membership Benefits

Includes all Rose Membership benefits plus the following

- Periodic features on the Conscious Kenya website homepage
- Priority periodic features of your profile and wellness offers on the Conscious Kenya website directory and marketplace
- Two features of your profile and wellness offers on the Conscious Kenya Twitter, Facebook & Instagram pages (6 features)
- Personalised white glove onboarding support
- Priority consideration for delivery of wellness services for events and direct enquiries to Conscious Kenya

KES 2,400 Monthly paid as an annual subscription

~~KES 28,800~~

KES 24,000 (Welcome offer)

Click the link below to get started

consciouskenya.com/jasmine



Rise and thrive

LOTUS MEMBERSHIP



consciouskenya.com/lotus

In addition to the Rose and Jasmine membership benefits, the Lotus plan provides you with premium digital marketing support and priority consideration for our institutional partners.

Lotus Membership Benefits

Includes all Rose & Jasmine Membership benefits plus the following

- Search Engine Optimization of your profile and wellness offers for more visibility on the Conscious Kenya website and search engines (e.g. Google)
- Priority consideration for delivery of wellness services to corporate, hospitality & educational institutions
- Recommendations to new Consciouskenya.com community members
- Priority features of your wellness services on the Conscious Kenya Facebook, Instagram & WhatsApp shop pages
- A blog feature sharing your story with our community & newsletter
- A feature on the Conscious Kenya LinkedIn page
- Support to host subscription-based wellness groups

KES 4,800 Monthly paid as an annual subscription
~~KES 57,600~~
KES 48,000 (Welcome offer)

Click the link below to get started
consciouskenya.com/lotus



Standard **BUSINESS** MEMBERSHIP



Say hello to growth

consciouskenya.com/biz

The pro business membership

Standard Business Membership Benefits

- Listing on the Conscious Kenya venue/business directory
- A feature of your wellness venue, business or team on the Conscious Kenya Twitter, Facebook & Instagram pages (*3 features*)
- A feature on the Conscious Kenya newsletter
- Business page with maps, gallery & opening hours
- Customer feedback, rating & reviews
- A business profile to showcase & manage your enquiries & events
- Showcase your events, classes and workshops on consciouskenya.com

KES 2,400 Monthly paid as an annual subscription

~~KES 28,800~~

KES 24,000 (Welcome offer)

Click the link below to get started

consciouskenya.com/venues



Pro BUSINESS MEMBERSHIP



Step into new Opportunities

consciouskenya.com/biz

Get listed on our conscious venue/business directory and receive marketing support to grow your visibility and reputation across the holistic wellness community.

Pro Business Membership Benefits

(Includes all Standard business membership benefits)

- Complimentary listing for one wellness practitioner on the Conscious Kenya practitioners directory.
- Search engine optimisation for your business page for greater visibility.
- A feature of your business or venue on the consciouskenya.com homepage.
- Recommendation of your venue or business to all new conscious Kenya members when they create an account on the platform.
- An option to Conscious Kenya practitioners as a destination to host their sessions and events.

KES 4,800 Monthly paid as an annual subscription

~~KES 57,600~~

KES 48,000 (Welcome offer)

Click the link below to get started

consciouskenya.com/venues



Optional Addons : *Extra services available on checkout*

- Mini-Video interviews, ads on podcast & blog feature stories
- E-shop, bookings & payments integration on your personal website
- Support to create online courses
- Additional staff / team member accounts on e-shop
- Feature on the Conscious Kenya wellness guide.
- Feature on Conscious Kenya wellness gift cards & special promos
- Promo videos, logo & poster designs
- Professional photoshoot
- Social media & digital marketing support
- Additional ad space on consciouskenya.com
- Bookings for regular classes & events
- Additional marketing of special events

Testimonials



I love working with the Conscious Kenya team.
The energy is always charged with love.
This is the next big conscious revolution.
Alia Datoo – Vendor & Practitioner



I got three new clients within a week of joining
Conscious Kenya!
Sonal Shah – Regression therapist



I was thrilled to find that such a space exists here!
I explored your website obsessively over 3 days
and easily found therapists that I resonated with.
Shila Nhemi – Happy customer





**Are you a holistic
wellness practitioner,
venue or business?**

Get seen, get booked, get paid.

Partner with Conscious Kenya

We welcome gifted, qualified and caring therapists, coaches, instructors and practitioners to join our network of holistic wellness professionals. If this is you, please register using the links on the membership packages above or book a discovery call at the link below.

[Book a discovery call](#)



Recommend a wellness partner or business

If you know any such holistic wellness providers who you wish to see on the Conscious Kenya platform, please encourage them to contact us via the details below or simply send us their information at the link below and we will get in touch with them.

[Recommend a partner](#)



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hello@consciouskenya.com



[Consciouskenya.com](https://consciouskenya.com)